

# ECORIDE SHABBATON

BEFORE WE BIKE FOR KAYAM FARM

FRIDAY, MAY 14 - SUNDAY MAY 16, 2010



Come and join us for a weekend of:

- Vibrant Shabbat services  
egalitarian, traditional, & alternative
- Yoga, chi gong, & meditation
- Farm tour and nature hikes
- Saturday night bonfire
- Musical havdalah dance party  
bring your instruments!
- Ultimate frisbee, soccer, basketball

Learn about:

- Bicycles & sustainable transportation
- Ancient Jewish agricultural wisdom
- Sustainable agriculture & food justice
- Ecology & wilderness

Meet:

- Other bike riders
- The Kayam Farm staff
- Our goats and chickens!

Eat:

Yummy organic produce from  
Kayam farm and other local farms

To register go to:

[WWW.ECOBIKERIDE.ORG/SHABBATON](http://WWW.ECOBIKERIDE.ORG/SHABBATON)